



LUTHERAN MANOR
OF THE LEHIGH VALLEY

February 2022

2085 Westgate Drive, Bethlehem, PA, 18017

Office Hours

Monday-Thursday
8:30am - 4:30pm

Friday
8:30am - 1:00pm

Fitness Center

Every Day
6:00am - 7:00pm

Staff Birthdays

Pete R - 2/24

General Meeting

*Don't miss important updates
happening in our community.*

February 8th @ 2:00pm

~Lounge & Channel 98



In observance of
President's Day ★

February 21st

OFFICE CLOSED ★

Office Notes



Parking Spots During Winter

When snow is expected in the weather forecast, we may ask you to move your vehicle in order to clean the parking lot. We apologize for any inconvenience.

A Note About COVID-19:
Masks highly recommended in common areas. Please continue to social distance & use good hygiene practices, including, but not limited to: washing your hands and sanitizing your hands often.

These guidelines could change at any time according to changes in our local area, CDC guidance, or Pennsylvania Health department.

****Check channel 99 regularly for updates!****

REMINDER:
MESSAGE BOARD

Please check channel 99 daily to stay up-to-date on COVID policies, building maintenance, etc.



SUNDAY PRAISE

with David Garcia

February 13th

at 11:00am

Community Room

Lutheran Manor
MOVIES

Live-streamed on Channel 98

Mondays at 1:00pm

February 7th - 'Blue Mountains'
February 14th - 'The Boy Who Harnessed the Wind'
February 28th - 'Penguin Bloom'

RENT REBATES

Eligible applicants are encouraged to visit mypath.pa.gov to electronically submit their applications. Should you need further assistance, please call State Representative McNeill's office at 610-266-1273.

Movie Days

Blue Miracle



MONDAY, FEBRUARY 7TH @ 1:00PM

To save their cash-strapped orphanage, a guardian and his kids partner with a washed-up boat captain for a chance to win a lucrative fishing competition.

The Boy Who Harnessed the Wind



MONDAY, FEBRUARY 14TH @ 1:00PM

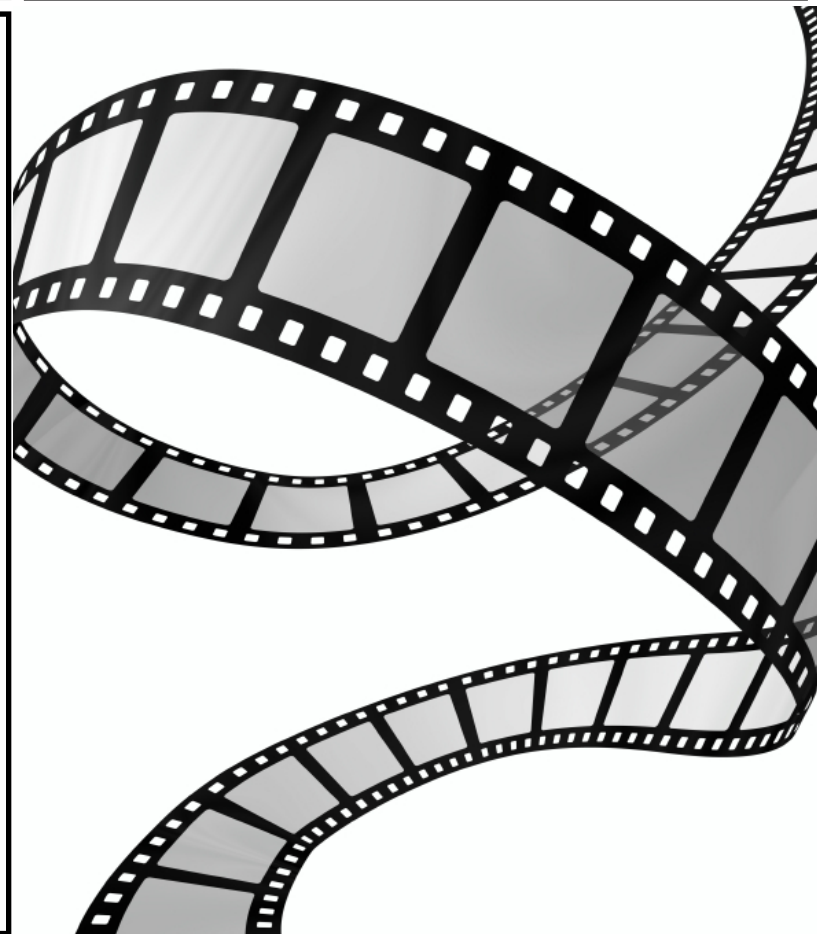
A 13-year-old boy is thrown out of the school he loves when his family can no longer afford the fees. He sneaks into the library and learns how to build a windmill to save his village from a famine.

Penguin Bloom



MONDAY, FEBRUARY 28TH @ 1:00PM

Samantha Bloom breaks her back in an accident and is paralysed from the chest down. A year later, her children bring home an injured magpie they have found. She cautiously approaches the magpie and begins to get acquainted with the new family member.



~All LM movies live-streamed on channel 98 every Monday at 1:00pm~

Resident's Association

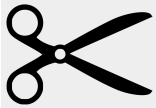


RA Breakfast
February 19th at 8:30am
LOUNGE

MENU

3 Pancakes, 2 Sausage Links,
1 Coffee & 1 Juice

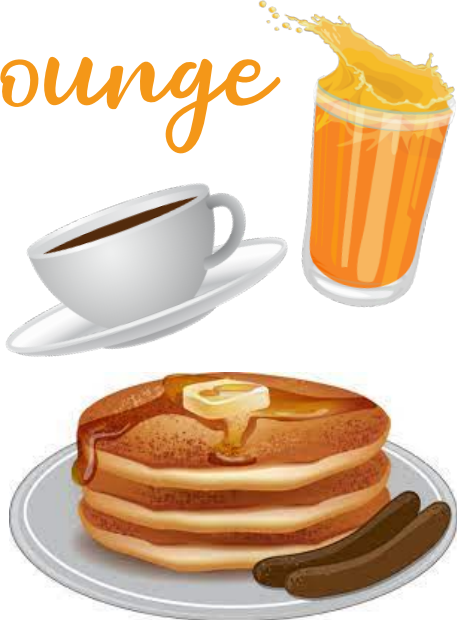
Place completed slip from newsletter
in sealed envelope along with \$3 cash
and slide it under Marge Bachemin's
door, Apt 705



Resident's Association

Breakfast in the Lounge
February 19th

FULL NAME: _____
PHONE: _____
APT#: _____



Please return this completed slip no later than Friday, February 11th

Lutheran Manor BINGO

LUTHERAN MANOR WILL BE HOSTING

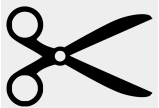


DATE: *Wednesday, February 16th*

TIME: *1:45 PM*

LOCATION: *Lounge*

Please note: Space is limited to 30 residents



Lutheran Manor BINGO



Wednesday, February 16th

Name: _____

Apt #: _____ Phone #: _____

Please return this completed slip to MAIN OFFICE no later than Friday, February 4th

From the Chaplain

TV MINI SERIES: THE CHOSEN- SEASON TWO (final episode)

The Life of Jesus Through the Eyes of Those Who Knew Him



WEDNESDAY, FEBRUARY 2ND - 'BEYOND MOUNTAINS'

While Jesus and Matthew prepare the content of the big sermon, the disciples spread the word while fighting amongst themselves. A high-ranking Sanhedrin member is shocked by Shmuel's reports on Jesus. Thousands arrive for the sermon, including familiar faces.

WEDNESDAY, FEBRUARY 9TH - 'SWEET LAND'

This movie is a love story about wonderful people. It's about a mail order bride from Germany settling in a community of Norwegian farmers in Minnesota about 1915. Note: there are parts you won't understand unless you speak the language, but the characters in the movie don't understand either. And yet---we all get it. Enjoy!



WEDNESDAY, FEBRUARY 16TH

WORSHIP DVD: SONSHINE MINISTRY

**Recorded at Calvary Baptist Church, Easton*

WEDNESDAY, FEBRUARY 23 - 'HACHI: A Dog's Tale'

Based on a true story from Japan, Hachi: A Dog's Tale is a moving film about a College professor, Parker Wilson (Richard Gere), who finds a young Akita puppy that's been abandoned at a train station. After attempts to find the owner, Parker and his wife adopt the pet. He calls the pet Hachiko--Hachi, for short--because of the Japanese symbol for good luck. Hachi is a faithful companion. However, an unforeseen event tests Hachi's devotion. The movie is immensely powerful. It's about so much more than just the relationship between a man and his dog.



From the Chaplain



"BUT GOD" MOMENTS

Someone once told me that "BUT" was their favorite word in the Bible. Throughout the Bible we read "But God" or "But Christ", introducing God turning situations around at critical points in a story.

Something was lost, BUT now it is found. Someone was blind, BUT now they see...dead, BUT now alive. There appeared to be no way, BUT God made a way. (e.g. Matt. 19:26; Acts 3:15; 1 Cor. 10:13; Eph. 2:4-5; Psalm 73:26 & more)

The word "BUT" in the Bible often presents a message of a gracious and compassionate intervention by God. The God who redeems, resurrects and makes all things new. Yes, all may seem lost and then we hear that "BUT God" and His light shines brightly!

Blessings ~ Pastor Clark

Worship in the Community Room

WORSHIP IS LIVE AT 2 PM ON THE DATES LISTED BELOW & ALSO STREAMED ON CH 98.

COVID GUIDELINES WILL BE FOLLOWED

Thursday, Feb 3	Pastor Jonny Villamar-Cornerstone Church, Easton- ~Spanish/English
Thursday, Feb 10	Pastor Brandon Heavner *HOLY COMMUNION*, St. Mark's Lutheran, Bethlehem
Thursday, Feb 17	Pastor Beth Goudy- Metropolitan Community Church, Bethlehem
Tuesday, Feb 22	Father Bernard Ezaki- Notre Dame RC Church, Bethlehem
Thursday, Feb 24	Pastor Dan Miller, Edgeboro Moravian Church, Bethlehem

***Please note:** If you are unable to attend worship in person and wish to receive a sealed communion cup, please contact Pastor Clark.

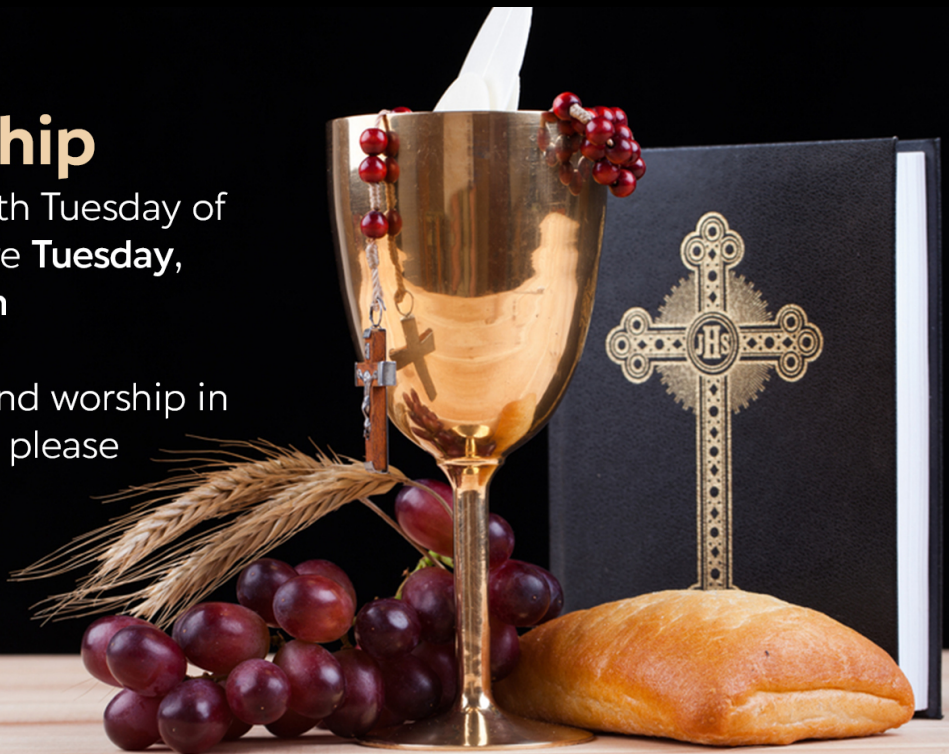
From the Chaplain

REMINDERS:

Catholic Worship

with Father Ezaki is the 4th Tuesday of the month. He will be here **Tuesday, February 22nd at 2:00pm**

*If you are unable to attend worship in person on **February 10th**, please contact Pastor Clark to receive a sealed communion cup.



Pastor Clark MOVIES

Live-streamed on Channel 98

Wednesdays at 2:00pm

February 2nd - 'Beyond Mountains'

February 9th - 'Sweet Land'

February 16th - 'Sonshine Ministries'

February 23rd - 'HACHI-A Dog's Tale'



Masks are required for EVERYONE when social distancing is not possible

Bellezza Salon and Spa

Massage Therapy

Contact Karen directly to
book appointments.

610-360-2427

**DO NOT CALL THE SALON FOR
MASSAGE APPOINTMENTS**



Bellezza Salon & Spa

Be Sweet to Your Feet

Sign up for a pedicure before the end of the month and receive a gift certificate for a basic manicure (must have services rendered to receive certificate).

Facials Facials Facials

Relax and Enjoy without the guilt!

- Mini (30min) \$25
- Full (1hr) \$40

Referral Program

Get rewarded when you refer friends and family for a salon or spa service

Donations from Bellezza

Tell us your thoughts on the book you read or which puzzle you're working on. We'd love to hear your feedback.

Punch Cards

Receive a punch on your card for each service you get and receive a \$30 credit each time you fill up the card

Valentine's Day Basket Drawing

You will be entered into drawing for any services you receive during the month of February



Masks are recommended at all times

FEBRUARY 2022

February 2022

LUTHERAN MANOR
OF THE LEHIGH VALLEY, INC.



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Chinese New Year 10:00 Exercise DVD (98) 11:00 Everybody's Yoga(98) 6:30 Bible Study with Bev Westwood	2 Groundhog Day 9:00 Walker's Club 10:00 Exercise DVD (98) 11:00 TARGET 12:30 Bible Study 1:00 CLINIC: BP Checks 2:00 MOVIE: Beyond Mountains 2:00 Snacks/IceCream Sales	3 9:30 BANKS 10:00 Chat Room 10:00 Exercise DVD (98) 11:00 Fit for Life(98) 12:30 Second Harvest 2:00 Church (Spanish)	4 9:00 Walker's Club 9:30 WEIS 10:00 Exercise DVD (98) 10:00 Qi Gong Tai Chi with Joanne	5 8:30 Coffee and Donuts
6	7 9:00 Walker's Club 9:30 RITEAID/CVS 10:00 SPEAKER: Bayada 'Hospice Myths' 11:00 Fit for Life(98) 12:00 ENTERTAINMENT: Pianist 1:00 MOVIE: Blue Miracle 6:00 Resident's Association Bingo	8 10:00 Exercise DVD (98) 11:00 Everybody's Yoga(98) 11:00 GIANT 2:00 GENERAL MEETING 6:30 Bible Study with Bev Westwood	9 9:00 Walker's Club 10:00 Exercise DVD (98) 12:30 Bible Study 2:00 MOVIE: Sweet Land 2:00 Snacks/IceCream Sales	10 9:30 PALACE Restaurant 10:00 Chat Room 10:00 Exercise DVD (98) 11:00 Fit for Life(98) 1:00 CLINIC: OnSite Dermatology 2:00 Church	11 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Qi Gong Tai Chi with Joanne- CANCELED 11:00 ENTERTAINMENT: Lorri & Jim Duet 12:30 CLINIC: OAA	12
13 11:00 Sunday Praise with David Garcia	14 Valentine's Day 9:00 Walker's Club 9:30 ALDI 10:00 Exercise DVD (98) 11:00 SPEAKER: Cantelmi Long 11:00 Fit for Life(98) 1:00 MOVIE: The Boy Who Harnessed the Wind 6:00 Resident's Association Bingo	15 10:00 Exercise DVD (98) 11:00 Everybody's Yoga(98) 2:00 ENTERTAINMENT: Flautist 2:00 Snacks/IceCream Sales 6:30 Bible Study with Bev Westwood	16 9:00 Walker's Club 9:30 WALMART 248 10:00 Exercise DVD (98) 12:30 Bible Study 1:45 Lutheran Manor BINGO 2:00 Sonshine Ministries	17 9:00 CLINIC: HealthDrive Eye 10:00 Chat Room 10:00 Exercise DVD (98) 11:00 ENTERTAINMENT: Painting 11:00 Fit for Life(98) 2:00 Church	18 9:00 Walker's Club 10:00 BOSCOVS/ DUNDERBAKS 10:00 Exercise DVD (98) 10:00 Qi Gong Tai Chi with Joanne	19 8:30 Resident's Association BREAKFAST

All activities are in-person now, and some are on channel 98 as well. Movies are ONLY on channel 98.

FEBRUARY 2022

February 2022



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
20	21 Presidents' Day OFFICE CLOSED 9:00 Walker's Club 10:00 VALLEY FARM MKT 1:00 VALLEY FARM MKT 6:00 Residents' Association Bingo	22 10:00 Exercise DVD (98) 11:00 Everybody's Yoga(98) 2:00 Church 5:00 TX ROADHOUSE 6:30 Bible Study with Bev Westwood	23 9:00 Walker's Club 10:00 Exercise DVD (98) 12:30 Bible Study 2:00 MOVIE: Hachi A Dog's Life 2:00 Snacks/IceCream Sales	24 10:00 Chat Room 10:00 Exercise DVD (98) 11:00 XMAS TREE SHOP 11:00 Fit for Life(98) 2:00 Church	25 9:00 Walker's Club 10:00 Exercise DVD (98) 10:00 Qi Gong Tai Chi with Joanne	26
27 4:00 Residents' Association SOCIAL	28 9:00 Walker's Club 10:00 Exercise DVD (98) 11:00 WEIS 11:00 Fit for Life(98) 1:00 MOVIE: Penguin Bloom 6:00 Residents' Association Bingo					

All activities are in-person now, and some are on channel 98 as well. Movies are ONLY on channel 98.

Religious Activities

ACTIVITY	DAY(s)	TIME	PLACE
Bible Study	Every Wednesday	12:30 PM	Community Room
Chat Room	Every Thursday	10:00 AM	Community Room
Church	4th Tuesday & Every Thursday (1st Thursday- Spanish Service)	2:00 PM	Community Room/Ch98

Exercise Activities

ACTIVITY	DAY(s)	TIME	PLACE
Everybody's Yoga	Tuesdays	11:00 AM	Exercise Room (98)
Fit For Life	Mondays & Thursdays	11:00 AM	Exercise Room (98)



*Full exercise schedule to resume soon.
Thank you for your patience.*




January Activities

ACTIVITY	DAY	TIME	PLACE
Bible Study with Bev Westwood	Every Tuesday	6:30pm	Game Room
Lutheran Manor MOVIES	Every Monday	1:00pm	Community Rm/Ch98
Pastor Clark MOVIES	Every Wednesday	2:00pm	Community Rm/Ch98
Snacks/Ice Cream Sale	Every Wednesday	2:00pm	Lounge
RA BINGO	Every Monday	6:00pm	Lounge
RA Coffee & Donuts	Every 1st Saturday	8:30am	Lounge
RA Breakfast	Every 3rd Saturday	8:30am	Lounge
Van Trip Drop Off	Tuesday, Feb 1	9:00am	Brenda's Office
CLINIC: BP Checks	Wednesday, Feb 2	1:00pm	Lounge
Second Harvest Food Bank	Thursday, Feb 3	12:30pm	Lounge
SPEAKER: Bayada	Monday, Feb 7	10:00am	Community Rm/Ch98
ENTERTAINMENT: Pianist	Monday, Feb 7	12:00pm	Community Room/Ch98
GENERAL MEETING	Tuesday, Feb 8	2:00pm	Lounge/Ch98
CLINIC: Onsite Dermatology	Thursday, Feb 10	1:00pm	Lounge <i>*Sign up Required</i>
ENTERTAINMENT: Lorri & Jim	Friday, Feb 11	11:00am	Community Rm/Ch98
CLINIC: OAA Podiatry	Friday, Feb 11	12:30pm	Resident Apartments <i>*Sign up Required</i>
Sunday Praise with David	Sunday, Feb 13	11:00am	Community Room
SPEAKER: Cantelmi Long	Monday, Feb 14	11:00am	Community Rm/Ch98
ENTERTAINMENT: Flautist 'Flute Serenades'	Tuesday, Feb 15	2:00pm	Community Rm/Ch98
Lutheran Manor BINGO	Wednesday, Feb 16	1:45pm	Lounge <i>*Sign up Required</i>
CLINIC: HealthDrive Eye	Thursday, Feb 17	9:00am	Game Room <i>*Sign up Required</i>
ENTERTAINMENT: Painting with a Twist	Thursday, Feb 17	11:00am	Lounge <i>*Sign up Required</i>
RA SOCIAL	Sunday, Feb 27	4:00pm	Lounge <i>*Sign up Required</i>

Brenda's Bulletin

CLINIC:
Blood Pressure Checks
from LifeSpring Home Care



February 2nd at 1:00pm
LOUNGE



SECOND HARVEST
February 3rd
Please come down to Lounge at 12:30pm to collect your food box.


SPEAKER:
Bayada Home Health 'Hospice Myths'
Channel 98

February 7th at 10:00am
Community Room



CLINIC: **OnSite Dermatology**
In the comfort of your own home. *By appointment only

February 10th at 1:00pm



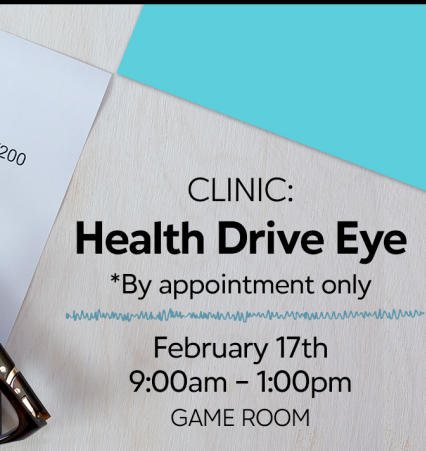
CLINIC:
OAA Orthopedic Specialists

In the comfort of your own home
*By appointment only

February 11th at 12:30pm

SPEAKER:
Cantelmi Long Funeral Home 'Funeral Planning'
(Living Will, HealthCare Directive, Last Will & Testament)
CHANNEL 98

February 14th at 11:00am
COMMUNITY ROOM



CLINIC:
Health Drive Eye
*By appointment only

February 17th
9:00am - 1:00pm
GAME ROOM



Brenda's Bulletin



Entertainment:
Jose Torres
Pianist Performing Spanish &
English Christian Hymns
(Channel 98)
February 7th at 12:00pm
Community Room



Entertainment:
**Lorri & Jim
Duet**
Channel 98
February 11th
at 11:00am
Community Room



Entertainment:
**Meredith
Twardowski**
Flautist | Channel 98
February 15th
at 2:00pm
Community Room



ENTERTAINMENT:
PAINTING
with a Twist with Judy Peters
Enjoy some wine with brushstrokes
*Limited to 10 people
February 17th
at 11:00am
LOUNGE

Office Hours: Monday-Friday 9:00am-3:00pm
Brenda Pagan-Fontanez, Service Coordinator
610-866-6010 x4

March Van Trips

Mar 2	Wednesday	Shopping at TARGET	10:00a_____
Mar 4	Friday	BANKS _____ (Write your bank name)	9:30a_____
Mar 7	Monday	Shopping at RITEAID/CVS Pharmacies	9:30a_____
Mar 8	Tuesday	Shopping at GIANT	10:00a_____
Mar 9	Wednesday	Shopping at WALGREENS	11:00a_____
Mar 11	Friday	Shopping at Allentown Farmer's Market/Lunch at Ritz Barbecue	10:00a_____
Mar 14	Monday	Lunch at Cracker Barrel	9:30a_____
Mar 15	Tuesday	Shopping at WEIS	9:30_____
Mar 16	Wednesday	BANKS _____ (Write your bank name)	9:30a_____
Mar 18	Friday	Shopping at WALMART	9:30a_____
Mar 21	Monday	Shopping at VALLEY FARM MARKET	9:30a_____
Mar 22	Tuesday	Shopping at DOLLAR TREE	10:00a_____
Mar 24	Thursday	Shopping at ALDI	9:30a_____
Mar 25	Friday	Shopping at CHRISTMAS TREE SHOP	10:00a_____
Mar 28	Monday	Shopping at ROSS	11:00a_____
Mar 29	Tuesday	Shopping at WEIS	9:30a_____
Mar 30	Wednesday	Dinner at OLIVE GARDEN	5:00p_____
Mar 31	Thursday	Shopping at WEGMANS	10:00a_____

*\$5.00 FEE WILL BE CHARGED FOR ANY CANCELLATIONS WITHOUT 24HR NOTICE

**VAN TRIPS WILL BE CANCELED IF LESS THAN FIVE RESIDENTS ARE SIGNED UP

Full Name: _____

Phone#: _____ Apt#: _____

Van Trip forms will be collected starting at
9:00 am on **Tuesday, March 1st.**

Resident's Association

Resident's Association SOCIAL

February 27th

Doors Open - 4:00pm

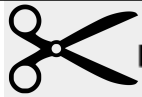
Food Served - 5:00pm

Entertainment by Bill Reese's at The Hop

*Get your dancing shoes on & have fun
enjoying oldies music & country classics

Sign up required

*Limited Capacity



Resident's Association

Resident's Association Social

Sunday, February 27th



FULL NAME:-----

PHONE:-----

APT#:-----



Please return this completed form to Main Office
no later than Friday, February 18th.

Let all that
you do be
done in
Love.



1 Corinthians 16:14

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